

# PSHE/RSHE Curriculum Map

The following areas will be covered within a spiral curriculum in varying depths as they progress through each year: Healthy, positive relationships, boundaries and consent, harmful relationship behaviours, puberty and adolescence, reproductive health and fertility, sex education, inclusion, bullying and discrimination, online life, online harms, personal safety, risk and influence, mental health and wellbeing, healthy lifestyle, keeping well, health services and first aid and drug education.

