

17th March 2026

Dear Parents and Carers,

The government has introduced new Relationships and Sex Education (RSE) and Health Education guidance, that we're required to follow from **1 September 2026**.

Because of this, we're reviewing our curriculum and policy, so we can be sure our provision is appropriate for our pupils based on their:

- Age and development stage
- Physical and emotional maturity
- Religious and cultural background
- Special educational needs and disabilities (SEND)

Here's how you can help:

We're holding a meeting on Wednesday 18th March 2026 at 3.30 – 4.00pm. If you'd like to attend please email r.root@maidenerleghtrust.org or call the school office on 01182160040, before Wednesday 18th March 2026 at 2pm.

We will answer your questions, explain our approach and show you some of the curriculum we will use. The session will take no more than 30 minutes and take place in the school hall. The aim of the session is to help you understand the requirements for RSHE we need to meet, please take a look below at the summary of what all pupils are expected to know by the end of Secondary school.

We hope the following information helps you understand the requirements for RSHE we need to meet by the end of the Primary Phase:

Primary

In the Primary Phase, the Relationships and Sex Education (RSE) curriculum will focus on building foundational knowledge and skills that help pupils understand themselves, their bodies, and their relationships with others. Teaching will cover; recognising different types of relationships (family, friends, trusted adults); understanding personal boundaries, privacy, and consent in an age-appropriate way. Young people will learn about body parts using correct vocabulary, basic changes that happen as children grow, and the importance of personal hygiene. The curriculum will also include staying safe both offline and online, recognising appropriate and inappropriate touch, and knowing how to seek help from trusted adults.

If you have any questions or concerns, please email: k.wong@maidenerleghtrust.org

Yours sincerely,

Beccy Root and Kim Wong
PD Leads



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